

COLLEGE PLANNING PROGRAMS OFFERED BY **FRANK BERNIER, Ph.D.**

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COLLEGE PLANNING 101 WORKSHOPS. A college planning overview for small and large groups, such as parent groups, student groups, service/professional groups, businesses, libraries, etc.. One to two hours.

- Goal: To empower families to confidently find, be admitted to, and afford a “**good fit**” college(s).
- Topics: Summary of the Six Steps of College Planning.
General college planning strategies.
- Material: “College Planning 101 Workshop Guide for Parents and Students”.
- Fee: Free unless offered through community education centers. Please contact me to schedule a workshop for your group (club, school, workplace, etc..).

COLLEGE FINANCIAL AID WORKSHOPS. More detailed college financial aid information than presented in the College Planning 101 Workshops. One to two hours.

- Goal: To help parents and students understand the current college financial aid process, and how to develop successful planning and coping strategies.
- Topics: Understanding the financial aid formula, “need”, application process, types of awards (including scholarships), appeal process and effective overall strategies.
- Material: “College Financial Aid Workshop Guide for Parents and Students”.
- Fee: Free unless offered through community education centers. Please contact me to schedule a workshop for your group (club, school, workplace, etc..)

PRIVATE CONSULTATION. A private meeting with your family to address your specific college planning needs. Families often choose this in place of, or after attending, a College Planning 101 workshop. Approximately two hours.

- Goal: To empower your family to confidently find, be admitted to, and afford a “**better fit**” college(s).
- Topics: Designing a customized plan to implement the Six Steps of College Planning.
- Material: “College Planning 101 Workshop Guide for Parents and Students” (customized).
- Fee: \$200 for the initial private consultation and for any future private consultations you may request. There is no charge for follow-up questions regarding the initial consultation, or for editing your “Student Resume”. Fee is paid on-site.

“ACT WITH WRITING” TEST PREPARATION WORKSHOPS. These acclaimed five-hour workshops will help students (grades 9-12) prepare for the “real” ACT with Writing test, by using proven ACT test strategies to build test familiarity, proper pacing, confidence, and reduce test anxiety. Each workshop features test strategies followed by an authentic, full-length (3½ hour) practice test and an essay. *Practice test scores are given at the end of each workshop. In addition, students will learn a highly effective method for correcting and understanding their test mistakes. This additional step is designed to help students take ownership and significantly improve their scores (often by 3-8 points) on any follow-up practice or live “ACT with Writing” test.* Workshops are held at host high schools and at the MSU Union Building.

- Registration Flyer: Available in this packet, at all local high school counseling offices, at my website: www.lansingcatholic.org/parents/careercollegeplacement.aspx, or by contacting me at 517/267-2111.
- Fee: \$50. Subject to change annually.

COLLEGE IS A MATCH TO BE MADE, NOT A PRIZE TO BE WON

